

**What to expect when starting Beautologie Skin Care Line**

You may experience one or more of the following symptoms:

\*Exfoliation (Light peeling and flaking of the skin) \*Dryness \*Skin sensitivity \*Redness \*Acne may temporarily flare

\*Skin texture and wrinkles may appear more visible prior to exfoliation

Remember that these symptoms are normal and expected reactions for the process and will diminish with time and continued use. It is important that you stay consistent with the regimen in order to maximize the results.

**What to expect during the first few weeks of your skin care:**

Stage 1: Your skin will start adapting to the skin care which means that peeling will start to occur. You may experience at this time itching, dryness, and redness but this should start to subside by the next stage. The top layer of the skin is being exfoliated and removing old dull skin to promote new skin. At this point, you will start to notice more of an even skin tone as the pigmentation errors are starting to improve.

Stage 2: At this point, you will see even more improvement in the skin tone and the texture. Your skin will look and feel smoother and softer. The skin is still producing healthy cells at this time some of the skin may be slightly peeling at this stage.

Stage 3: Skin is becoming clearer and the texture is looking firmer. You skin will have an even tone and look naturally healthy. You skin will have a natural glow as it used to have. At this point you should or almost be done with the kit. At Stage 4 is when we will have you continue some use of the products to maintain your new fantastic results and protect the skin for even longer lasting results.

Stage 4: This is the part for your maintenance routine to come into play. By this time your skin will look restored, clear of major impurities, and refreshed. By maintaining your results you will soon notice how radiant your skin will be and how long lasting your results will stay!

Skin Care Line Instruction Guide

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| **Refresh**  **(Acne Refresh)** | Apply a quarter-sized amount of cleanser to moistened face. Cleanse skin thoroughly  and rinse well with warm water, pat skin dry. Avoid excessive rubbing of skin with a towel. |
| **Restore**  **(Acne Restore)** | After cleansing the skin, lightly apply toner to the entire face using a cotton round. Avoid contact with eyes. |
| **Vanish** | Apply a pea size amount evenly to the entire face avoiding the eyelids. |
| **Acne**  **Relieve** | Apply a small amount evenly to entire face. Avoid eyelids and mouth. |
| **Remove** | Apply a pea size amount to the entire face. Massage lightly into the skin avoiding the eyelids. |
| **Restrict** | Apply liberally to the entire face before makeup and 15 minutes before sun expo- sure. Reapply as needed. |
| **Renew** | Apply a small amount to the entire face. Avoid the eyelids and lips. Every other day or less to start, increase as tolerated. |
| **\*\*Rescue** | Use sparingly to soothe itchy or irritated skin. Do not apply on entire face, spot treat only if needed. |

**Evening Routine**

**Morning Routine**

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| Step  1 | Refresh | Acne Refresh |
| Step  2 | Restore | Acne Restore |
| Step  3 | Vanish | Acne Relieve |
| Step  4 | Remove |  |
| Step  5 | Restrict |  |

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| --- | --- | --- |
| Step  1 | Refresh | Acne Refresh |
| Step  2 | Restore | Acne Restore |
| Step  3 | Vanish | Acne Relieve |
| Step  4 | Renew |  |